

One Hand, We Hand

(A Working model for Criterion III-Research, Innovations and Extension)

1. Title of the Practice: One Hand, We Hand

Social services are connected with the concept of welfare. The practice is generally known as “helping” others to improve the well being of individuals, families, and communities. The social work activities play vital roles in the facilitation of social changes aimed at diminishing inequalities among various populations. Through the practice of “helping,” people are able to address many social problems that plagued vulnerable populations through facilitating, advocating, and influencing individuals, communities.

Duration:

(Year of Inception- Year of Discontinuation): Year of Inception: 2017
Year of Discontinuation: Still continue

2. Goals:

- To inculcate healthy living habits and to instill values in students to uplift the society.
- To inculcate Unity in the Youth of our country.
- To create an awareness on the care of own health and that of others.
- To Understand and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfill the same.
- To enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of youth
- To foster better friendly relationship with all without any discrimination.

3. The Context:

B.Ed interns have to interact the community for various purposes such as, Teaching Practice, Project work and to perform research based activities. Therefore, it is important to help students understand the social issues and problems which will further help them in

creating awareness the in society. Today's students are tomorrow's professional Social Workers and bear the responsibility of bringing about social change. Social Work strongly believes that it is important to work with the marginalized and weaker sections of the society. Hence it is imperative on the part of the College to extend their service and give exposure which is the dire need of the people. Our college is dauntless in launching well-planned activities.

4. The Practice:

a) **Adoption of the Village:** The institution has adopted a village named Khara Kotli for the upliftment of the village. A campaign of social awareness and cleanliness starts from village Gurudwara Sahib. Students clean Gurudwara Sahib, Govt. School, Anganwadi and Mortuary as well as planted various trees and flowering plants. Plantation of various trees such as, decorative, herbal, and bushes is done there to aware the pupil teachers as well as the people of the village to conserve the environment. Moreover the purpose of this practice is to connect the pupil teachers with the society in which they live.

Evidence of Success:





b) **Awareness Rallies:** Awareness rallies on social issues such as AIDS, Traffic Rules, and Voter Awareness day is taken out by the students of the college. The rallies are organized from the college campus to the District by raising different slogans related to the rally. Students prepare plethora of charts and cards on the theme to aware the masses.

Evidence of Success:





c) **Blood Donation Camp:** To serve the mankind and educate the community on the beneficial aspects of blood donation a blood donation camp is organized by the college. On this event an Inter House Competition is also held on the importance of Blood Donation. The judges are invited from the outer institutions.

Evidence of Success:



Evidence of Success: Establishing a strong linkage between societies and outreaching the varied sections of the society has been one of the goals of the college since beginning. Social extension activities provide a strong platform to achieve this goal. These activities have had to develop a sense of culture, morality among students and have instilled a sense of social commitment in them. The participation of the students in helping down trodden and other sections of the society in need of help have been overwhelming. The willingness of the students to contribute either in terms of money, efforts or time has been an astounding. All these activities have helped to build the spirit of solidarity and fraternity amongst community and students Programs like rallies, street play, Swachhata Abhiyaan helped in creating social awareness and environmental consciousness among the students and in the community. All the documents related to the practice have been combined in the college **Campus Reporter** as well as on the Website of the institution.

5. Problems Observed:

In the rallies the participation of the students was ensured but the engagement of the public was not there. Since the Village Adoption Program is a college self-financed program, funds are very limited. In addition to this due to a very hectic academic session, departments barely manage time to conduct programs in adopted village.

6. Notes (Optional)

- To improve the awareness campaigns the institution has decided to join with society by organizing seminars in the community rather than doing it in the premises of the institution.
- The pupil teachers will be wearing accessories and clothing related to the campaign.
- Students will be motivated to organize such activities in their own villages with the cooperation of the village head to aware the masses about the social issues and the environment protection.